

## Letter to Parents

You want the transition between the teenage years and young adulthood to go as well as possible for your child. This Guide offers useful information on how best to manage this transition.

The Launch program has organized the key content into five domains. Information and practical advice about each domain is included in the Guide along with a Transition Planning Timeline that highlights important tasks for various ages and stages of development. The Guide also contains resources and programs for each domain area, references to other guides, online reports and books. To further augment the written materials we have created an interactive online planning tool and a short video that reviews key topics within each domain. Both are available to you on The Sinneave Family Foundation website ([sinneavefoundation.org](http://sinneavefoundation.org)).

We are pleased to be working with Asperger Manitoba, Level IT Up, and Continuity Care to bring the Launch program to Manitoba. We hope this Guide, customized for families in Manitoba, provides you with a positive outlook on this critical phase of parenting. Perhaps the guidance and resources included in it will help make parenting an adolescent or young adult with ASD a little easier.

The workshop will be held three evenings from 6:00pm-8:30pm.

Thank you,

Yolande Demetruk

